

# 2020 Virtual Week of Caring



## Saturday: Lend Your Support

Lending support to your community does not have to be an overwhelming, time-consuming commitment. While we would encourage anyone and everyone to pledge time to helping others as often as they can, any time spent improving the lives of, and supporting others, is a tremendous act of caring and leads to stronger communities for everyone!

Today, your mission is to simply choose one way (or 10!) to lend support to someone in your community. Any act, done with joy and with the sole intention of helping!

- **Make:** cloth masks, a donation, chalk art outside
- **Donate:** blood, children's toys, winter jackets & hats
- **Offer:** to do yard work, to do roadside clean-up
- **Deliver:** groceries to an elderly neighbor, snacks to a fire or police department